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When the sun scorched with its fiery rays,
And the earth turned hot with its burning clays.
Even to breathe was a task gigantically huge
I rushed into my shelter to take refuge.

I had people there I had known forever
And I had walls all around to offer me cover
I was safe from anything that could hurt my body
These saved my life which I was to lose!

Time passed by, changing everything it could
The people, the walls and I, all changed for good!
But the testing times loomed back in
Now were the carnal affairs tightening noose.

I rushed into my shelter to get respite
Only if it could save me from these worldly bite
I realized who could help was none but me
And reached out to my solitude seeking refuge!

A time out from routine had a calming effect
I dared to live again with my energy intact
With a peace never felt, I marched again
My inner-self had helped me beat all blues!

My quest for safety has come to a stage
Frightened I feel by the life and its gaze
Now when I am bit by my own words 'n' deeds
Alas! I find nowhere to go for refuge!

Had my strength been fighting to survive
I would confront anything come whatever may
Go hiding, being safe would not be me
Conquering every hurdle would be my only refuge!
